

# TE HOPAI REST HOME REGULAR WEEKLY ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.00 Newspaper & Chat	9.00 Newspaper & Chat	9.00 Newspaper & Chat	9.00 Newspaper & Chat	9.00 Newspaper & Chat
10.40 Crossword & Quiz	10.15 Sing- along	10.15 Stories & Reminiscing	10.15 Stretch & Exercise	10.15 A bit of this and a bit of that
1.00 Van Outing	1.30 Fern Lounge Poetry Group  2.45 BIG QUIZ	1.00 Classic TV  2.15 Happy Hour	1.00 Book Club  3.00 Classical Music	1.10 Housie  3.00 Friday Flick

An Additional Weekly Activities Programme is available on Hallway Notice Boards and in the Main Lounge. This programme is subject to change