

TE HOPAI REST HOME REGULAR WEEKLY ACTIVITIES (March 2020)

MONDAY Hairdresser	TUESDAY	WEDNESDAY Hairdresser	THURSDAY	FRIDAY
9.00 Newspaper & Chat	9.00 Sit Exercises	9.00 Chat	9.00 Tai Chi	9.00 Comedy Show
10.40 Crossword & Quiz	10.15 NEWSPAPER 10.40 Sing – along Canine Friends	10.15 Newspaper & Quiz 10.40 Stories & Reminiscing Canine Friends	10.15 Newspaper 10.40 Ball Games	10.15 Newspaper 10.40 Entertainment (See Monthly List for details)
1.00 VAN TRIP & Afternoon Tea	1.30 Fern Lounge Poetry Group 2.30 Stories	2.30 Happy Hour	1.00 Stories and Chat Group 1.00 CRAFT	1.10 Housie with Amie 3.00 Friday Movie

An Additional Weekly Activities Programme is available on Hallway Notice Boards and in the Main Lounge. This programme is subject to change