

Rest Home Activities Programme for AUGUST 2020

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
TV MOVIE	TV MOVIE	Hairdresser 9.15 Morning Chat 10.15 NEWSPAPER & QUIZ	9.15 Morning Chat 10.15 NEWSPAPER & QUIZ	Hairdresser 9.15 Gentle Music 10.30 NEWSPAPER & QUIZ	9.15 Animal Antics 10.30 NEWSPAPER & QUIZ Canine Pet Visit	9.15 Comedy Show 10.30 NEWSPAPER & QUIZ
		10.30 WORD GAMES 11.00 Tai Chi	10.40 Pamper Time 11.15 Sit Exercise	10.50 Bowls /Ball Games	10.50 CROSS WORD 11.15 music & movement	10.40 Live Concert Or You Tube Show (See Entertainment List)
From 1pm Canine Friends Visit		1.00 VAN TRIP with Eve (TBC)	1.00 Fern Lounge Poetry Group 2.30 Music Requests	1.00 Story Reading 2.45 Happy Hour	1.00 1-1 Time 2.45 SING ALONG	1.00 HOUSE 3.00 Friday Flick

Program subject to change, on the day. Please see board in Lounge