

Rest Home Activities Programme for JUNE 2020

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
TV MOVIE	Church Services available on TV	Hairdresser 9.15 Morning Chat Travel Show 10.15 NEWSPAPER & QUIZ	9.15 Morning Chat Board Games 10.15 NEWSPAPER & QUIZ	Hairdresser 9.15 Morning Chat Gentle Music 10.15 NEWSPAPER & QUIZ	9.15 Morning Chat Animal Antics 10.15 NEWSPAPER & QUIZ	9.15 Morning Chat Comedy Show 10.15 NEWSPAPER & QUIZ
		10.40 Sing along 11.15 Tai Chi	10.40 CROSS WORD 11.15 Stretch Exercises	10.40 BOWLS	10.50 WORD GAMES 11.15 music & movement	10.40 YOU TUBE SHOW
		1.00 VAN TRIP (TBC)	1.00 Fern Lounge Poetry Group 2.30 Sing along	1.00 Classic TV 2.30 Happy Hour	1.00 1-1 Time 2.45 SING ALONG	1.00 HOUSEIE 3.00 Friday Flick

Program subject to change, on the day. Please see board in Lounge