

# Activities Programme **OWEN** Streets Level 1 & 2 2020

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
10.00am stretch & exercise	10.00am stretch & exercise	10.00am stretch & exercise	10.00am stretch & exercise	10.00am stretch & exercise
10.30am <b>Art Class</b> (Owen 1)	10.30am <b>Van outing</b>	10.30am <b>Van outing</b>	10.30am <b>things to do with Food</b> (Owen 1)	10.45am <b>Exercise</b> (Owen 1) 11.30am <b>Quiz</b> (Owen 1)
1.30pm <b>Word Games</b> (Owen 2)	1.30pm individual pamper time	1.30pm <b>conversation group</b> (Owen 2)	1.30pm <b>knit &amp; sew</b> (Owen 1) 3.00pm <b>BoardGames</b> (Owen 1)	3.00pm <b>Film &amp; Happy Hour</b> (Owen 2)

Activities may change between Owen Level 1 and Level 2 depending on how many residents are present. Check notices for entertainment etc.