

Activities Programme **OWEN** Streets Level 1 & 2 2020

Monday	Tuesday	Wednesday	Thursday	Friday
9.30am	9.30am stretch & exercise	9.30am stretch & exercise	9.30am	9.30am
10.30am Art Class (Owen 1) 1-1 Computer Training	10.30am sharing stories (Owen 2) 11.00am Van Outing	10.30am book group (Owen 2)	10.30am things to do with Food (Owen 1)	10.45am Tai Chi (Owen 1) 11.30am Quiz (Owen 1)
1.30pm individual outings	1.30pm individual pamper time	1.30pm conversation group (Owen 2) 3.00pm Poetry Group (Owen 1)	1.30pm knit & sew (Owen 1) 3.00pm BoardGames (Owen 1)	3.00pm Film & Happy Hour (Owen 2)

Activities may change between Owen Level 1 and Level 2 depending on how many residents are present. Check notices for entertainment etc.