

Activities Programme **OWEN** Streets Level 1 & 2 **2020**

Monday	Tuesday	Wednesday	Thursday	Friday
10.00am stretch & exercise	10.00am stretch & exercise	10.00am stretch & exercise	10.00am stretch & exercise	10.00am stretch & exercise
10.30am Art Class (Owen 1)	10.30am sharing stories (Owen 2)	10.30am book group (Owen 2)	10.30am things to do with Food (Owen 1)	10.45am Exercise (Owen 1) 11.30am Quiz (Owen 1)
1.30pm Word Games (Owen 2)	1.30pm individual pamper time	1.30pm conversation group (Owen 2)	1.30pm knit & sew (Owen 1) 3.00pm BoardGames (Owen 1)	3.00pm Film & Happy Hour (Owen 2)

Activities may change between Owen Level 1 and Level 2 depending on how many residents are present. Check notices for entertainment etc.