

Activities Programme 2021 **OWEN** Streets Level 1 & 2

Monday	Tuesday	Wednesday	Thursday	Friday
10.00am news & chat	10.00am news & chat	10.00am news & chat	10.00am news & chat	10.00am news & chat
10.30am things to do with Food (Owen 2)	10.30am Van Outing (turnabout Owen 1 & 2)	10.30am Book Group (Owen 2)	10.30am Art Class (Owen 1)	10.45am TaiChi Followed by a Quiz (Owen 1)
3.00pm music appreciation group with Michael (Owen 2) next to the lifts)	1.30pm CST cognitive stimulation therapy (with selected residents who qualify)	1.30pm conversation group (Owen 2) next to the lifts)	2.00 pm Board Games (turnabout Owen 1 & 2)	3.00pm Happy Hour & Movie (owen 1 & 2)

Activities may change between Owen Level 1 & Level 2 depending on how many residents are present. Check notices for entertainment etc.