

Te Hopai Newsletter

December 2024

Season's Greetings!

As we approach the festive season, I want to acknowledge that while some of our staff are taking a well-deserved break, the majority of our team remains on board to ensure that Te Hopai continues to provide the optimum level of care for our residents. Our facility never closes, and we will have a full complement of staff working throughout the holiday period. Jill Kerridge and I will also be available and close to Te Hopai during this time.

We've already enjoyed a number of festive events leading up to Christmas, and we look forward to celebrating the final one with our residents on Christmas Day at our special Christmas lunch. On this special day, we'll host a festive lunch for our residents, featuring beautifully decorated tables that reflect the warmth and joy of the season. These efforts are part of our commitment to making this time of year as special and memorable as possible for everyone.

I'd like to take a moment to express our heartfelt thanks to all the families who took the time to complete our recent surveys. Your feedback is invaluable to us, and we deeply appreciate the effort you've put into sharing your thoughts and experiences. Your positive comments about the care and dedication of our staff truly mean so much. It's always encouraging to hear how our team is making a difference in the lives of your loved ones.

We also greatly value the suggestions you've shared with us. Your insights help us identify areas where we can improve and ensure we continue to provide the best possible care and environment for our residents.

Thank you for your partnership, your trust, and your ongoing support. Together, we can make this a place that feels like home in every sense of the word.

I also want to thank our dedicated staff for their unwavering commitment and care throughout the year. Their passion and hard work ensure that our residents feel supported and valued every day.

Wishing you and your families a wonderful Christmas filled with joy and a New Year full of health and happiness.

Warm regards,

Pakize Sari
Chief Executive



Chief Executive, Pakize Sari with Staff

A Heartfelt Year in the Rest Home

Libby - Diversional Therapist

It has been an absolute pleasure working in the rest home this year. As part of the Recreation Team, I have had the privilege of supporting residents in various activities three days a week.

I would like to extend my heartfelt congratulations to Cristie and her incredible team. They are a truly wonderful group to work alongside, demonstrating such care and dedication to the residents and their families.

The morale and resilience of the staff shine through every day. Their camaraderie and teamwork create a warm and supportive environment, making the lives of our residents meaningful, fulfilling, comfortable, and fun.

The Christmas Party for the residents was a great success, thanks to the staff's enthusiastic participation and their

dedication to serving and engaging with the rest home community.

The cohesion of the entire Te Hopai staff was exemplified by two fantastic staff parties organized by Cristie and her fun brigade throughout the year, boosting morale and celebrating their dedication and hard work.

It is heartening to see staff actively participating in recreation activities including creating props and resources as well as their kind and approachable manner towards residents in handling daily routines and activities.

It is truly inspiring to see the difference we can make together, and I am excited to be involved in another meaningful and rewarding year ahead.



Meri Kirihimete

December 2024

Our Christmas parties at Te Hopai were all a joyful celebration filled with music, and festivities!

Residents and staff came together to enjoy delicious treats made by our kitchen staff, sing carols with our volunteers, and share the holiday spirit. The decorations sparkled, the Christmas trees looked great and everyone's faces lit up with smiles. It was a heartwarming reminder of the magic of the season and the wonderful sense of community we have here.



A Festive Introduction from Your New Quality Manager

Alice Guo

Kia ora and Merry Christmas!

As the holiday season draws near, I thought it was the perfect time to introduce myself. Myname is Alice Guo, and I've recently joined Te Hopai as the new Quality Manager. If you've seen someone wandering around with a clipboard, furrowed brow, and occasionally muttering, "That's interesting..."—yes, that's me. But don't worry, I'm friendly, I promise!

While I'm still finding my way around the benchmarking system and deciphering what feels like a secret language of audits and surveys, I'm thoroughly enjoying the challenge. Who knew spreadsheets could spark so much excitement? What I've discovered, though, is that the heart of this job isn't just about ticking boxes or writing reports—it's about ensuring that our facility continues to be a place where residents, families, and staff all feel genuinely cared for and valued.

One thing that has struck me since stepping into this role is the incredible sense of community here. From the warm greetings in the hallways to the cheerful chatter at morning tea, this place feels like a family—and that's not just the festive mince pies talking! Whether it's the extra effort our staff put into creating special moments for residents or the heartfelt messages we receive from families, it's clear that Te Hopai is a truly special place.

As Quality Manager, my job is a little bit like being one of Santa's helpers. I don't get to ride in a sleigh, but I do get to check lists—not the naughty and nice kind, but ones about health, safety, and wellbeing.

I've also been busy checking policies, procedures, and conducting hand hygiene compliance. (Spoiler: Our staff are doing a stellar job!)

What I'm most excited about, though, is working alongside all of you. Whether it's collaborating with staff on new ideas, listening to residents' feedback, or helping families feel supported, I'm here to make sure we keep raising the bar. My door is always open, so feel free to stop by for a chat—just be prepared to hear some quality management jokes. (They're niche but surprisingly entertaining.)

As we celebrate Christmas together, I hope this season brings you all plenty of laughter, love, and just the right amount of Christmas pudding. Here's to a bright and joyful year ahead for all of us!

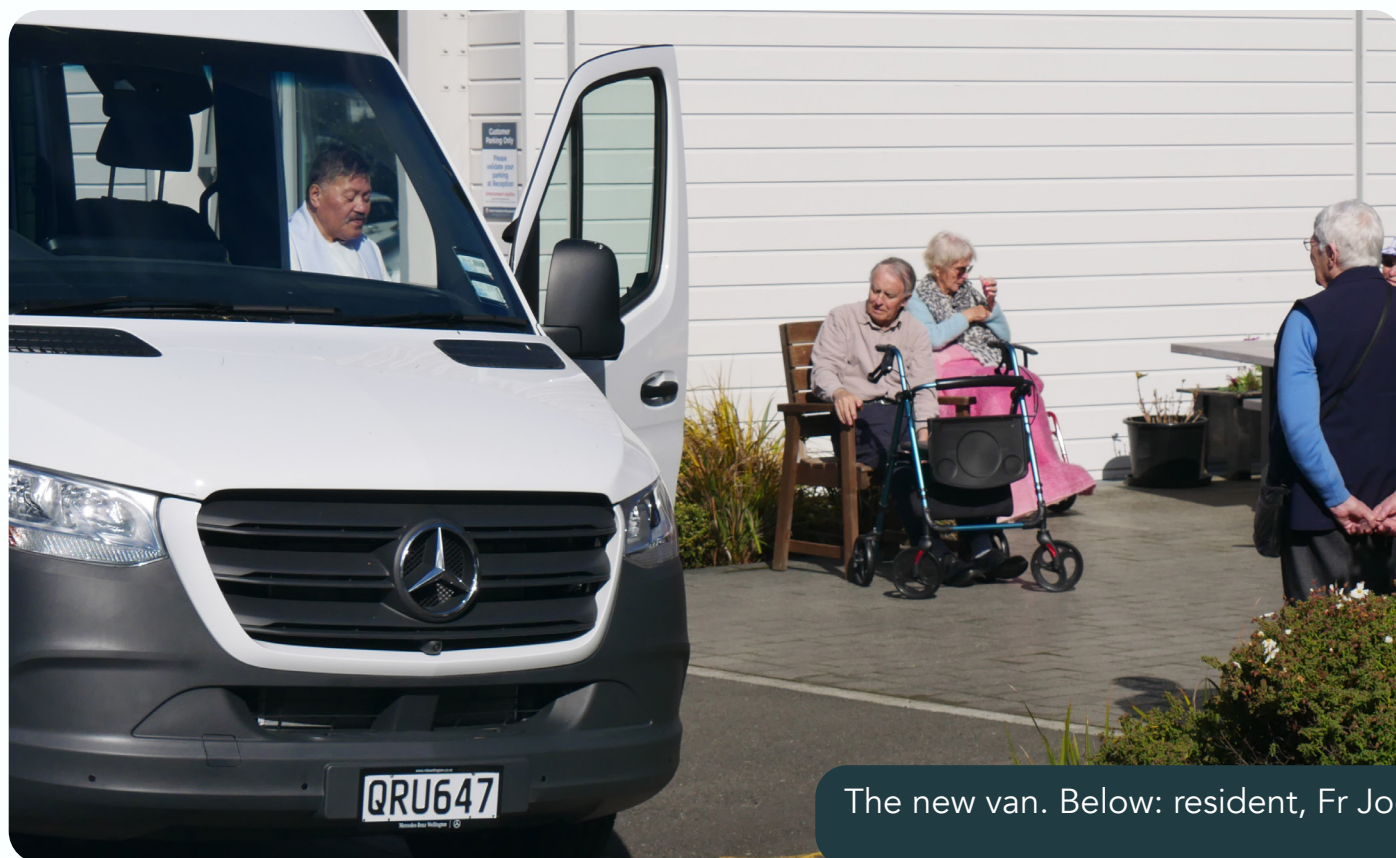
Ngā mihi o te Kirihimete,

Alice Guo
Quality Manager



Quality Manager, Alice Guo

Te Hopai's New Van 2024



The new van. Below: resident, Fr Joe.

Exciting news for our residents, we have a fancy, new van!

This flash new vehicle does wheelchair transfers, meaning the outings are more accesible for all our residents. As the weather gets better heading into summer, the van has been taking our residents around our stunning Pōneke harbours and view points, with a special promise of ice creams and hot chocolates.

A big thank you to our volunteer drivers, we can't do this without you!



A massive and grateful thank you to our generous donations from family, staff and especially Southerland Self Help Trust

Up and Coming 2025

Our People: A Celebration of Creativity and Connection at Te Hopai

We are delighted to announce our upcoming resident led art exhibition, Our People, a vibrant showcase celebrating the artistic talent blossoming within our community. This inspiring event highlights creativity, connection, and the spirit of Te Hopai.

Through our Owen Street weekly art classes our residents have the opportunity to explore new skills, express their individuality, and rediscover a sense of purpose. The creative journey enhances self-esteem, affirms self-worth, and highlights the invaluable contributions our residents continue to make.

Our People is more than an art exhibition - it's a celebration of togetherness. Residents, families, staff, and volunteers have worked alongside each other, supporting one another and achieving something meaningful.

We warmly invite the wider community to engage with us, connect with our residents, hear their stories, and discover the people behind the art.

Join us for Our People, an inspiring testament to the power of art and community. We look forward to seeing you there!

OUR PEOPLE

A resident's art exhibition, showcasing the talent that blossoms at Te Hopai



**Jan 22
to Feb 03**

**OPENING NIGHT, WEDNESDAY 22 JAN, 5:30PM
Rice Pudding Gallery,
91 Constable Street, Newtown**

OUR PEOPLE

A resident's art exhibition, showcasing the talent that blossoms at Te Hopai



**Jan 22
to Feb 03**

**OPENING NIGHT, WEDNESDAY 22 JAN, 5:30PM
Rice Pudding Gallery,
91 Constable Street, Newtown**

Mid-Winter Party

June 2024

What a spectacular mid-winter party! Residents embraced the Parisian theme with style, dressing up in charming, creative outfits that brought a slice of Paris to life. The residents had a boogie to a fantastic group of musicians. Great music, happy faces and funky outfits. Thank you to the dedicated staff and volunteers for helping out and making this fun party happen.



Thank You to Our Volunteers

November 2024

As the year comes to a close, we want to take a moment to express our heartfelt gratitude to all the incredible volunteers who have supported us throughout the year. Your generosity and friendly faces have made such a positive impact to the residents. Whether you've come and played for the residents, offered your skills behind the scenes, or simply shown up with a smile, your contributions have brought so much joy and connection to our community. Thank you for being such an essential part of everything we've achieved this year – you truly make a difference!



In November 2024 Te Hopai held a volunteer's evening, what a lovely evening!

**Ngā mihi nui, a big
thank you to everybody
that made 2024 great**

