

Activities Programme **OWEN** Streets Level 1 & 2

Monday	Tuesday	Wednesday	Thursday	Friday
10.00am news & chat	10.00am news & chat	10.00am news & chat	10.00am news & chat	10.00am news & chat
10.30am Word games (Owen 2)	10.30am Van Outing	10.30am Book Group (Owen 2)	10.30am Art Class (Owen 1)	10.45am TaiChi 11.30am Quiz (Owen 1)
3.00pm music appreciation group with Michael (Owen 2) (next to the lifts)	1.30pm Cognitive Stimulation Therapy selected residents attend these sessions	2.30pm Card Or Board Games (Owen 1 or 2)	1.30pm Cognitive Stimulation Therapy selected residents attend these sessions	2.30pm Happy Hour & music appreciation group with Susan (Owen 2) (next to the lifts)

Activities may change between Owen Level 1 and Level 2 depending on how many residents are present. Check notices for entertainment etc.