

Activities Programme **OWEN** Streets Level 1 & 2 **2019**

Monday	Tuesday	Wednesday	Thursday	Friday
9.30am Morning News & Chat	9.30am Morning News & Chat	9.30am Morning News & Chat	9.30am Morning News & Chat	9.30am Morning News & Chat
10.30am Painting Session (Owen 1)	10.30am reminiscing & sharing stories 11.00am Music with Steve (Owen 2)	10.30am book group (Owen 2)	10.30am art & crafts (Owen 1)	10.30am Tai Chi (Owen 1) or entertainment in Rest Home Lounge 11.30am Quiz (Owen 1)
1.30pm individual outings 3.00pm book/chat group (Owen 1)	1.30pm individual outings	1.30pm conversation group (Owen 2) 3.00pm Poetry Group (Owen 1)	1.30pm knit & sew (Owen 1) 3.00pm BoardGames (Owen 1)	3.00pm Film & Happy Hour (Owen 2)

Activities may change between Owen Level 1 and Level 2 depending on how many residents are present. Check notices for entertainment etc.