

Kowhai Recreation Programme: January 2020

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
10:00 am Morning Tea Chat and news	10:00 am Morning Tea Chat and news	10:00 am Morning Tea	10:00 am Morning Tea Chat and news	10:00 am Morning Tea Chat and news	10:00 am Morning Tea Chat and news	10:00 am Morning Tea Chat and News
Church Services as advertised Eve Newspaper reading	Church Services as advertised Eve Newspaper reading	Newspaper/ Chat walking Game or activity	Newspaper/ Chat walking Game or activity	Holy Communion Chat walking. Game or activity	Newspaper/ Chat walking Game or activity	Entertainment Resthome Lounge
12:00Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
Music with Eve Walking/ Gentle Exercise	Music with Eve Walking/ Gentle Exercise	Christmas games and songs	Pet therapy with Piripi and Ted Game or Craft Activity	Christmas games and songs	Pet therapy with Piripi and Ted Game or craft activity	Van Trip
Afternoon Tea	Afternoon Tea	Afternoon Tea Singing	Afternoon Tea Singing	Afternoon Tea Singing	Afternoon Tea Singing	Afternoon Tea Singing
		Big Blue Ball Soccer, Balloon Volley Ball Drinks and games	Big Blue Ball Soccer, Balloon Volley Ball Drinks and games Musical Videos	Big Blue Ball Soccer, Balloon Volley Ball Drinks and games Musical Videos	Big Blue Ball Soccer, Balloon Volley Ball Drinks Musical Videos	Big Blue Ball Soccer, Balloon Volley Ball Drinks Musical Videos

All activities in Kowhai Main Lounge (stated if in Rest Home or Hospital Lounge)