

Activities Programme **HOSPITAL 2020**

Monday	Tuesday	Wednesday	Thursday	Friday
9.30am Morning Tea	9.30am Morning Tea	9.30am Morning Tea	9.30am Morning Tea	9.30am Morning Tea
10.30am Christmas crafts	10.30am ART Session & Hand Massage	10.30am things to do with FOOD	10.30am Exercise & Games	10.30am Quiz Or music entertainment in the Rest Home Lounge
1.15pm Mens group	2.30pm Board Games	2.30pm Pamper Time	1.30pm Individual Time 3.00 pm Reminiscing & Sharing Stories	2.30 pm Happy Hour & MUSIC

Activities may change depending on how many residents are present. Check notices for entertainment etc.