

Activities Programme **HOSPITAL 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
9.00am News/Chat Morning Tea	9.00am News/Chat Morning Tea	9.00am News/Chat Morning Tea	9.00am News/Chat Morning Tea	9.00am News/Chat Morning Tea
10.30am Garden Club or Games	10.30am ART Session or Quiz & Puzzles	10.30am Music & Movement Exercise (Kowhai Lounge)	10.30am Food for thought or Book Group	10.30am Crafts or Creative Session
1.30pm Conversation Group or Relaxing Meditation	1.30pm Mens Group or Pamper Time	1.30pm Entertainer or Whakaahuru Singers The Gentle Singers	1.30pm Van outing	2.30 pm Happy Hour & Musical Movie

Activities may change depending on how many residents are present. Check notices for entertainment etc.