

Engagement Programme Kowhai Spring/Summer 2020

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea Chat and news	Morning Tea Chat and news	Morning Tea Chat and News	Morning Tea Chat and news	Morning Tea Chat and news	Morning Tea Chat and news	Morning Tea Chat and News
Church Services as advertised Eve Newspaper reading	Church Services as advertised Eve Newspaper reading	Hairdresser Desiree at the Beauty Box Exercise Programme Sit-yoga Dance Sunbathing for 15 minutes before lunch	Exercise Programme Sit-yoga Dance Gardening-watering- walking, sunbathing. One to one activity	Holy Communion With Teresa Catholic Mass Middle Wednesday of the month Weekly Catholic blessing Mid week concert with Kathy playing and singing popular standards Resthome lounge	Exercise Programme Sit-yoga Dance Music and Movement with Amanda in the Pohutukawa Lounge Maisey the Deer Hound to visit with Dani 11:00am	Entertainment Rest home Lounge See Timetable
12:00Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
Music with Eve Walking/ Gentle Exercise	Music with Eve Walking/ Gentle Exercise	Outside activity Gardening Art and Craft Activity Walking Floor Games Drinks Sing-a-long Musical Videos Helen Volunteers	Piripi and Ted Pet Therapy Van Trip around the Coast Whale spotting With Andy and Libby	Classical Music concert with Tamina in the Hospital Lounge from 2:45pm	Old Movie or Musical Libby Planning and Paperwork Joy Volunteers	Van Trip with Eve

All activities in Kowhai Main Lounge (stated if in Rest Home or Hospital Lounge)