

Kowhai Recreation Programme: March 2020

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
10:00 am Morning Tea Chat and news	10:00 am Morning Tea Chat and news	10:00 am Morning Tea	10:00 am Morning Tea Chat and news	10:00 am Morning Tea Chat and news	10:00 am Morning Tea Chat and news	10:00 am Morning Tea Chat and News
Church Services as advertised Eve Newspaper reading	Church Services as advertised Eve Newspaper reading	Newspaper/ Chat walking Game or activity	Newspaper/ Chat walking Game or activity	Holy Communion  Sit Dancing	Newspaper/ Chat walking Game or activity	Entertainment Resthome Lounge
12:00Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
Music with Eve Walking/ Gentle Exercise	Music with Eve Walking/ Gentle Exercise	1.30 Retro Cooking	Pet therapy with Piripi and Ted Game or Craft Activity	Van Outing	Pet therapy with Piripi and Ted Game or craft activity	Van Trip with Eve @ 1.30pm
Afternoon Tea	Afternoon Tea	Afternoon Tea Singing	Afternoon Tea Singing		Afternoon Tea Singing	
		Table Tennis & Games	Big Blue Ball Soccer, Balloon Volley Ball Drinks and games Musical Videos	Van Outing	Big Blue Ball Soccer, Balloon Volley Ball Drinks Musical Videos	Van Trip with Eve @ 1.30pm

All activities in Kowhai Main Lounge (stated if in Rest Home or Hospital Lounge)