

Activities Programme **HOSPITAL 2020**

Monday	Tuesday	Wednesday	Thursday	Friday
9.30am Morning Tea	9.30am Morning Tea	9.30am Morning Tea	9.30am Morning Tea	9.30am Morning Tea
10.30am Garden Club	10.30am ART Session & Hand Massage	10.30am things to do with FOOD	10.30am Exercise & Games <small>Or music entertainment in the Rest Home Lounge</small>	10.30am Quiz <small>Or music entertainment in the Rest Home Lounge</small>
1.15pm Mens group	2.30pm Van Trip	2.30pm Board Games	1.30pm Individual Time 3.00 pm Reminiscing & Sharing Stories	2.30 pm Happy Hour & MUSIC

Activities may change depending on how many residents are present. Check notices for entertainment etc.