

thebuzz



March 2021

what is happening around Te Hopai

Welcome to another edition of 'the buzz', an informal newsletter from The Activities Team to let family and friends know what activities & events have been happening, and what is about to happen around the place.



Jill & Bill win best dressed at our Beach Party

During January we learned interesting new facts about swimwear and bathing caps as displays were assembled around the place to set the tone for our Beach Party. The Rest Home was transformed with surf boards, mannequins displaying retro bikinis (no one was brave enough to wear one!!), sausages sizzled on the BBQ, Frank and Alex performed live Jazz Music while Mariandel did her thing; squeezed into an inflatable Rubber Ring, waddled between colourful clothed tables and sun umbrellas to the delight of residents while they enjoyed a selection of drinks....it really was a great event to start off the year.

This has to be a good opportunity to thank Emilo (family member) for creating the 'Te Hopai - A Life Saver' buoys that we re-used for our "Drinks-on-Deck" party last week to celebrate Team NZ winning the America's Cup. We had lots of green stuff happening on Saint Patricks day...

Kowhai enjoyed cupcake decorating and seasonal autumn chutney making with volunteers Liz and Mary-Ellen.





Continuing with the beautification of our courtyard garden, Jane Pairman has been leading the painting of a length of trellis to be used for climbing plants.

Dawt-tha a former employee of Te Hopai and friend brought her 3 month old baby daughter (Delilah) to visit.



Signs of Autumn are now appearing, as we sit in our gardens we notice the deep reds and rusty coppers as we enjoy the last of the summer warmth. As research reminds us of the importance of Vitamin D from sunlight to support our health and wellbeing our Hospital Wing residents and staff have benefited from the new sunshade which provides the opportunity to enjoy the garden setting.

The change in seasons is a good time to reflect on our own wellness. This month was "Brain Awareness Month" as we continue to do what we can do to achieve a younger, healthier brain. The team offer a range of activities that provide both physical and mental stimulation for our residents, we cannot achieve their goals without the wonderful support of our volunteers. Our team of volunteers support the needs of our residents; to be independent, extend or pursue their interests and most importantly they provide community connections to overcome isolation and loneliness.

Upcoming autumn adventures on our calendar will be Easter Bunny bringing some delights on Easter Sunday but hopefully those who have visited have already hunted for chocolate eggs among our easter displays! We will have an Easter Sunday Anglican Service 11.00am. Our next event will be our Anzac Day Service 11.00am. We hope to have colourful & creative costumes appearing during April with the return of our Wacky Wednesdays.

Te Hopai Womans Institute (DT Team) invite you to a 'Country Themed Party' on Thursday 24 June. Dress up. Ladies a Plate, Men a Crate. Put this date in your diary and more details will follow.

Covid-19 Vaccines

We are receiving daily updates on the roll out for the COVID-19 vaccination for staff and residents. There are no definite dates or timelines or a process in place yet, but this is being working on.

We have reported our preferred model (in house vaccinations using our trained staff alongside either our GPs or with DHB help for both residents and staff) and timeline (staff over 2-3 weeks to ensure we do not suddenly have a number off work at the same time with adverse reactions).

Tracy has collected consent from all the staff to share their information with the DHB so they are added to the early vaccine register. We are also collecting vaccine consent forms from our residents (or EPOAs) so we are prepared for the rollout. These forms are with Tracy and you should have also received an email with this information.

The Team would like to wish everyone a wonderful Easter, and safe travels for those heading away

These knitted Easter Bunnies by our residents are on display and continue to give us all so much pleasure & delight!



Bronwen is the winner of our Easter Egg Count

