

## Activities Programme **OWEN** Streets Level 1 & 2

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
10.00am news & chat	10.00am news & chat	10.00am news & chat	10.00am news & chat	10.00am news & chat
10.30am <b>Mens Group</b> (Owen 2)	10.30am <b>Van Outing</b>	10.30am <b>Book Group</b> (Owen 2)	10.30am <b>Art Class</b> (Owen 1)	10.45am <b>TaiChi</b>  11.30am <b>Quiz</b> (Owen 1)
2.00pm <b>music appreciation group</b> (Owen 2) (next to the lifts)	2.30pm <b>Cognitive Stimulation Therapy</b> selected residents attend these sessions	2.30pm <b>Card Or Board Games</b> (Owen 1 or 2)	2.30pm <b>Cognitive Stimulation Therapy</b> selected residents attend these sessions	2.30pm <b>Happy Hour &amp; music appreciation</b> (Owen 2) (next to the lifts)

Activities may change between Owen Level 1 and Level 2 depending on how many residents are present. Check notices for entertainment etc.